

RUDE VS MEAN VS BULLYING

Defining the differences:

RUDE: Carelessly saying or doing something that hurts someone else.

Examples:

- Burping in someone's face
- Jumping ahead in line
- Based on thoughtfulness, poor manners, unplanned inconsideration, spontaneous
- Not meant to actually hurt someone, unintentional

MEAN: Purposefully saying or doing something to hurt someone once (or maybe twice).

Examples:

- Aims to hurt, belittle, criticize, put down
- Criticizing clothing, appearance, intelligence, coolness
- Often sounds like words spoken in anger, impulsive cruelty
- "I hate you!" : "You are so fat/ugly/stupid!"

BULLYING: Involves 3 elements: intent to harm, repeated acts, and an imbalance of power.

Examples:

- Bullies say or do hurtful things intentionally, keep doing it, with no sense of regret or remorse
- **TYPES of BULLYING:**
 1. Physical aggression – hitting, punching, kicking, spitting, tripping
 2. Verbal aggression – words, verbal threats
 3. Relational aggression – using social exclusion, shunning, rumor spreading
 4. Cyberbullying – involves technology -hurt inflicted thru computers, cell phones, devices

